



## INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

<b>(51) International Patent Classification<sup>3</sup> :</b>  A23L 1/01	<b>A1</b>	<b>(11) International Publication Number:</b> WO 85/ 01188  <b>(43) International Publication Date:</b> 28 March 1985 (28.03.85)
<b>(21) International Application Number:</b> PCT/US84/01408 <b>(22) International Filing Date:</b> 31 August 1984 (31.08.84)  <b>(31) Priority Application Numbers:</b> 531,966 625,384 <b>(32) Priority Dates:</b> 14 September 1983 (14.09.83) 28 June 1984 (28.06.84) <b>(33) Priority Country:</b> US  <b>(71) Applicant:</b> NATIONAL STARCH AND CHEMICAL CORPORATION [US/US]; 10 Finderne Avenue, Bridgewater, NJ 08807 (US). <b>(72) Inventors:</b> LENCHIN, Julianne, M. ; 2433 Old Stone Mill Drive, Cranbury, NJ 08512 (US). BELL, Harvey ; 583 Stangle Road, Martinsville, NJ 08836 (US).		<b>(74) Agents:</b> KELLEY, Margaret, B. et al.; National Starch and Chemical Corp., 10 Finderne Avenue, Bridgewater, NJ 08807 (US).  <b>(81) Designated States:</b> AU, BE (European patent), CH (European patent), DE (European patent), DK, FR (European patent), GB (European patent), JP, LU (European patent), NL (European patent), SE (European patent).  <b>Published</b> <i>With international search report.</i>
<b>(54) Title:</b> BATTERS CONTAINING HIGH AMYLOSE FLOUR FOR MICROWAVEABLE PRE-FRIED FOOD-STUFFS  <b>(57) Abstract</b>  Frozen pre-fried convenience foodstuffs characterized by improved crispness are produced after foodstuffs coated with batter containing an effective amount of high amylose flour are partially cooked in hot fat or cooking oil, and subsequently cooked to completion by means of microwaving.		

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BATTERS CONTAINING HIGH AMYLOSE FLOUR FOR MICROWAVEABLE  
PRE-FRIED FOODSTUFFS

This invention relates to the use of flours which possess large amounts of amylose in batter mix compositions and the improved crispness provided to breaded and non-breaded convenience foodstuffs which are coated with the batter mix, pre-fried, frozen, and then later cooked in a microwave oven.

Batter coated fried foods have a broad appeal. Among the most popular batter coated foods are fried chicken and fish as well as other meat products; however, a wide variety of other foods, such as vegetables, and even fruits can be coated and then cooked by frying. Deep-fried food batters, whether for use with fresh or frozen foods, consist primarily of farinaceous materials such as starches and/ or flours along with other optional ingredients such as egg solids, baking powder, cream of tartar, preservatives, seasonings, coloring matter and milk solids. These mixtures are combined with water so as to obtain a desired coating viscosity whereupon they are applied to the food ordinarily by means of a dip, spray or cascade technique. Before frying, the batter coated food may be coated with a breading such as corn meal, cracker crumbs, bread crumbs or the like if so desired.

Because of the great popularity of batter coated fried foods, there are presently a number of batter formulations and coating procedures. See, for example, U.S. Re. 27,531 to Murray et al. reissued on December 12, 1972 which describes the use of amylose, obtained either from the fractionation of whole starch or from starch composed of at least 55% amylose, in coating deep-fried potato products. High amylose starch is useful as a coating material for foodstuffs due to its ability-



ty to provide uniform films which, if fried, aid in reducing oil absorption and provide crispness to the foodstuff as well.

U.S. Pat. No. 3,052,545 issued on September 4, 1962 to J. Ducharme et al. describes a batter mix for breaded deep-fried foodstuffs comprising a chemically inhibited starch product. A wide variety of starches crosslinked to an acceptable level are said to provide a high degree of adhesion between the breading and the food piece to be coated while possessing strong cohesive strength during deep-frying.

U.S. Pat. No. 3,208,851 issued on September 28, 1965 to J. Antinori et al. also describes batter mixes for breaded deep-fried foodstuffs which possess improved adhesion and cohesion when starches subjected to a dry oxidation process are employed in the batter mix.

In order to obtain a fried product, a batter-coated food piece must be cooked in the presence of frying oils or melted fat at elevated temperatures. Foods thus prepared may be immediately consumed or may be packaged and quick frozen so that the ultimate consumer may prepare the foodstuff merely by reheating. In many cases, the food may only receive a partial cooking or "pre-frying" at this point, whereupon it is packaged and quick frozen with the cooking of the pre-fried frozen foodstuff completed at a later time by the consumer.

Many batters have been formulated to prepare frozen, uncooked batter coated or breaded foodpieces which are meant to be subsequently fried. See, for example, U.S. Pat. No. 3,956,515 issued on May 11, 1976 to C. Moore et al. which describes starch batters that can be applied upon the surface of a food piece, breaded and frozen, and subsequently deep fat fried. The starch batters are composed of ungelatinized granular starches and granular cold-water swelling starches.

A growing trend to spend less time on food preparation has lead to a great demand for time-saving "ready-to-heat" frozen food products now on the market. The wide use of microwave ovens, now a standard feature in many homes and restaurants, has further led to reduction in cooking  
5 time spent by consumers. Many products cooked by means of microwaving or baking are indistinguishable from each other. Unfortunately, frozen pre-fried foodstuffs show strong differences when comparisons are made between final products which have been fried, baked and most particular-ly microwaved. Microwaved pre-fried products tend to be undesirably  
10 soggy, and as such, should not be recommended for microwaving.

It is generally known that batter mixes formulated to provide crispy fried products or pre-fried products which are to be later baked do not produce crispy pre-fried products if microwaved instead. There are at least two reasons for which the inferiority of the microwaved products  
15 may be attributed.

Firstly, the transfer of heat to a food piece during frying or baking is opposite that for microwaving. Microwave radiation cooks food pieces by heating the water contained therein which in turn acts to cook the entire piece. For this reason, it is often explained that  
20 microwave radiation cooks products from the interior outwards, resulting in the coating of a pre-fried piece being the last part to be cooked. During microwaving, the moisture in the food piece is driven outwards towards the surface, which can cause the food piece to become soggy. During frying or baking, on the other hand, the outer coating  
25 receives the most exposure to cooking temperatures while the interior receives the least, thus providing a crispy outer coating.

Secondly, food pieces which are cooked in the presence of hot fat

or oil by frying are usually cooked at temperatures of at least 350°F (176°C) to about 425°F (218°C), preferably 375°-395°F (190°-202°C) which are sufficiently high to fry the food piece. It is recommended that pre-fried food pieces be oven baked at comparable frying temperatures so that residual oil, contained on the surface of all pre-fried foods, will continue to cook the food piece. Microwave ovens, on the other hand, are limited to a cooking temperature that does not exceed the boiling point of water and thus, the residual oil retained on a food piece after pre-frying will not continue to cook the piece.

10       Recent unsuccessful attempts have been made to prepare acceptable pre-fried frozen foodstuffs which remain crispy even when microwaved. Unfortunately such attempts have provided products which demand excessive microwave cooking times, yielding unappealing foodstuffs which are drastically case-hardened. Such products have very hard outer coatings  
15       which are difficult to bite or even cut with a knife and are therefore an extreme solution to the problem of soggy products.

          Although a batter mix which provides a crispy pre-fried food piece after microwaving is desired, the mix must additionally provide other properties in order to obtain an acceptable product. For example, the  
20       interface between the batter coating and food piece after microwaving should preferably be undifferentiable. The crispness of a food piece becomes overshadowed as the interface worsens by going from thin and dry to floury, bready and finally to pasty. Weepage is also an important concern. Fluid migration during freezing or microwaving due to  
25       gravity may result in the pooling of fluids on the underface of the product resulting in a product which is soggy beneath a crispy coating. The batter should also provide good adhesion and cohesion in order to

sustain the pressure of moisture trying to escape during microwaving which can cause "blow outs" leaving a patchy coated food piece. Some batters produce a lacy uneven coating on food pieces. Such a trait is also undesirable because it leads to crumbly coatings. Additionally, the batter should provide a product with an acceptable and appealing final color.

Accordingly, there is a need for a batter mix composition which may be used in the preparation of microwaveable frozen pre-fried foodstuffs which, when eventually cooked by microwaves provide a foodstuff with a crispy outer coating, a property which has recently found increased demand. None of the references mentioned above disclose or suggest the batter formulations of the present invention for use in providing crispy and appealing microwaveable pre-fried food pieces.

The present invention provides an improved batter mix for the preparation of batter coated pre-fried microwaveable foodstuffs, characterized in that an effective amount of a high amylose flour is present in a farinaceous-based batter mix comprising a farinaceous material selected from the group consisting of starch, flour other than the high amylose flour, and mixtures thereof. The high amylose flour contains at least 50% amylose, based on starch content of the high amylose flour. By employing such a batter mix composition, applied as an aqueous slurry, a coated foodstuff may receive a partial cooking or "pre-frying" whereupon the cooking of the foodstuff is later completed by means of microwaving. The use of high amylose flour in amounts greater than 50 to about 80 percent, preferably 60 to 70 percent, based on the weight of the dry batter mix, provides overall acceptable prefried convenience foodstuffs with crispy coatings after microwave cooking.

The process for preparing the batter coated pre-fried microwave-

able foodstuff comprises adding an effective amount of water to the farinaceous-based batter mix to form an aqueous batter slurry, applying the batter slurry to a foodstuff, and partially cooking the batter coated foodstuff in hot fat or cooking oil. The foodstuff is characterized by improved crispness after microwave cooking.

It is well known that starch is composed of two fractions, the molecular arrangement of one being linear and the other being branched. The linear fraction of starch is known as amylose and the branched fraction as amylopectin. Methods for separating starch into these two components are known. Starches from different sources, e.g. potato, corn, tapioca, and rice, etc., are characterized by different relative proportions of the amylose and amylopectin components. Some plant species have been genetically developed which are characterized by a large preponderance of the one fraction over the other. For instance, certain varieties of corn which normally contain 22-28% amylose have been developed which yield starch composed of over 50% amylose. These hybrid varieties have been referred to as high amylose corn or amylomaize.

Starch is obtained from corn by wet milling of the grain, a very specific well known integrated system developed for efficiently separating the major components of the corn kernel. Basically the process begins with the step of cleaning the grain to remove large and small pieces of cob, chaff, sand and other foreign material. The corn is then softened by steeping, thereby easing the liberation of the oil rich germ from the starch-containing endosperm. After degermination, the endosperm slurry is milled and the fiber (bran) subsequently removed. Finally, the low density protein-rich gluten in the defibered slurry is separated from the starch by means of settling or centrifugation. The remaining starch may then be collected by filtration.



On the other hand, flours produced from corn are produced by dry-milling of the grain. After similar cleaning and degermination steps, as described above, the corn is dried to a moisture content of about 15% from about 25%. The bran is removed by centrifugal-type aspir-  
5 ators, and the corn is subsequently milled and sifted to produce corn products containing starch and protein of varied coarseness including flakes, grits and meal in addition to flour.

High amylose corn hybrids were developed in order to naturally provide starches of high amylose content and have been available  
10 commercially since about 1963. We have now found that the flours of these hybrids, when added to batter mix compositions, surprisingly provide pre-fried foodstuffs with improved crispness after microwaving, a property which has been heretofore unattainable.

Suitable high amylose flours useful herein are those flours with  
15 an amylose content of at least 50% based on the total starch content of the flour. Although high amylose corn flour has been found to be especially suitable herein, this invention also encompasses high amylose flours derived from sources other than corn which contain concentrations of at least 50% amylose with similar results expected. Suit-  
20 able flours would include those flours produced from any high amylose plant species of, for example, wheat, rice, rye, potato, oats, barley, pea, and millet.

The present invention encompasses the use of high amylose flours which are modified, unmodified, or combinations of both and their use  
25 in batter mixes. Typical flour modifications include treatment with heat and/or acids or with oxidizing agents. The flour may also be chemically derivatized by means of esterification or etherification

reactions. Preferred modified flours useful herein include acid converted dextrans of high amylose corn flour prepared by conventional techniques known in the art and described in the "Handbook of Water-Soluble Gums and Resins", Robert L. Davidson, editor, McGraw-Hill Book Co., New York (1980), pp. 34-36. It has been found that such dextrinized flour, preferably uncharred after dextrinization, when used in concentrations of about 1 part dextrin to about 4 to 6 parts, preferably 5 parts, of unmodified high amylose flour provide added crispness and improved interface to microwaved pre-fried foodstuffs. In higher concentrations, the dextrinized flour may cause unacceptable lacing resulting in crumbly coatings as well as cause the resultant foodstuff to be unacceptably dark in color. Moreover, when using the higher concentrations, it becomes increasingly difficult to achieve adequate pick-up of the batter onto a food piece.

15 In preparing the batter mixes herein, any suitable farinaceus material may be employed in addition to the high amylose flour. Such materials applicable in the process may include starches derived from such sources as corn, sago, wheat, rice, potato, sweet potato, waxy maize, high amylose corn, tapioca, sorghum, or waxy sorghum starch, as well as components from these starches, viz, amylose and amylopectin. Derivatives of the above including esterified, etherified, and converted starches are also applicable herein. Furthermore, flours derived from such sources as, for example, corn, wheat, or potato are also suitable in the batter compositions.

25 The amount of high amylose flour employed in the batter mix is normally in the range of greater than 50 percent to about 80 percent, based on the weight of the dry mix, and preferably in the range of 60 to

70 percent. In order to determine the most effective amount of high amylose flour necessary herein to provide improved crispness to frozen pre-fried foodstuffs, the inherent moisture of the foodstuff to be coated is often considered. A foodstuff with a higher moisture content will generally require more high amylose flour in the batter mix composition than one of a lower moisture content. For example, a coated fish piece (normally containing about 80% moisture), in order to have a crispy coating, will often require a batter mix containing more high amylose flour than would be necessary for coating a piece of chicken (normally containing about 70% moisture).

In the actual preparation of the batters, the practitioner need merely prepare an aqueous slurry of the dry mix. The slurry will ordinarily contain about 100 parts by weight of dry mix per 125 to 175 parts of water. The precise dry mix to water ratio will depend, of course, upon the type of foodstuff being prepared, the manner in which the batter mix is to be applied, and the particular mix composition being utilized. The slurry is then kept under agitation prior to its application to the foodstuff so as to prevent settling from occurring. The batter may thereupon be applied to the foodstuff which may be either fresh, par-boiled, or frozen and which may be optionally predusted with starch or flour. Chicken pieces are preferably par-boiled prior to batter application. Moreover, when preparing pre-fried chicken or fish, it is also preferable to first apply an appropriate pre-dust. Batter application may be carried out by any convenient procedure such as by dipping, spraying or cascading. After draining off the excess batter, breading may optionally be applied before the foodstuff is pre-fried. The foodstuff need only be fried for a period of about 0.5-1.5 minutes depending on the foodstuff, preferably 0.5-1.0 minutes.

It is unnecessary to heat the batter mix slurry prior to its application of the foodstuff. The practitioner may add such seasoning, extenders, preservatives, or food colors to the batter mix slurry as are desired.

5        This invention encompasses the preparation of batter-coated foodstuffs which do not contain breading, referred to in the art as having a tempura type coating. The process of applying breading to batter coated foodstuffs is also encompassed, herein referred to as single-pass coating. Common breading mixtures employed in such single-pass applications include bread crumbs, corn meal, cracker crumbs and the like.

10        The batter mix compositions herein may thus be used in the preparation of all types of pre-fried fresh and frozen foodstuffs which are to be frozen and later microwaved including fish, shell fish, poultry, meat and vegetable products including fish sticks, fish fillets, fish steaks, whole fish, scallops, oysters, clams, shrimps, lobster parts, chicken and turkey parts, veal, beef, pork, egg plant, and onion rings.

15        In the examples which follow, all parts are given by weight and all temperatures are given in both degrees Fahrenheit and Celsius. Unless otherwise noted, the fish used herein was haddock and the portions of chicken used were chicken thighs.

#### EXAMPLE 1

25        This example illustrates the differences in crispness observed between similarly prepared pre-fried chicken pieces which were coated with various batter compositions and cooked either by oven baking or by microwaving.

Tempura batters were formulated employing the dry batter mix recipes of Table I. The batters were prepared by adding 100 grams of

each dry mix to 175 grams of water. The chicken pieces were par-boiled for 20 minutes, pre-dusted with wheat flour and then coated with batter. The coated chicken pieces were pre-fried in oil at 375°F (190°C) for 1 minute and then frozen. After 1 day the frozen chicken pieces were then either baked at 425°F (218°C) for 30 minutes (turning after 15 minutes) or microwaved for 4 minutes (rotating the chicken piece after 2 minutes). Batter compositions and texture comparisons may be found in Table I.

The results show that batters employed to provide crispy coatings to frozen pre-fried products cooked by oven baking do not necessarily produce similar crispy coatings to products cooked by microwave.

TABLE I

INGREDIENTS	<u>PARTS BATTER RECIPE</u>		
	A	B	C
15 Wheat Flour	45	45	45
High Amylose Corn Flour (a)	-	-	27
Corn Flour	25	25	25
Modified Corn Starch (b)	27	-	-
High Amylose Corn Starch (c)	-	27	-
20 Acid Sodium Aluminum Phosphate	1.5	1.5	1.5
Sodium Bicarbonate	1.5	1.5	1.5
Texture After Microwaving:	V. Soggy	Soggy	Sl. crisp
Texture After Baking:	Crisp	Crisp	V. crisp
25 (a) The flour contained 70% amylose.			
(b) Mildly oxidized corn starch which had been inhibited and acetylated with 2.7% by weight of an adipic-acetic mixed anhydride containing 1 part adipic acid and 9 parts acetic anhydride.			
(c) The starch contained 70% amylose.			

## EXAMPLE 2

The example illustrates the effect of high amylose flour on microwaved pre-fried chicken thighs.

Dry batter mixes were formulated with 97% farinaceous material, 5 1.5% sodium bicarbonate and 1.5% acid sodium aluminum phosphate. The batters were prepared by initially adding 100 parts of dry batter mix to 160 parts of water. Additional water or dry mix was added to the batter to insure comparable (within 5%) batter coverage between samples. Chicken thighs which were par-boiled for 20 minutes and then skinned 10 were dipped in tepid water, pre-dusted with corn flour, then dipped into a batter. The excess batter was allowed to drain off the chicken piece before frying. The pieces were pre-fried for 1 minute at 385°F (196°C). After draining, the pieces were immediately frozen. After two days of frozen storage, the thighs were reconstituted in the micro- 15 wave. The pieces were cooked without turning or rotating for about 1.75 to 2.25 minutes until an internal temperature of 150°F (66°C) was attained. The pieces were then evaluated and rated (with a rating of 1 being the best) by a panel of four for overall crispness and interface. The results may be found in Table II.

20 The results show that as the amount of high amylose flour increased, crispier microwaved pieces with better interfaces were provided. High amylose corn starch did not provide acceptably crisp products even at the 70% substitution level. It was noted that while 100% corn flour substitution did provide a crispy outer coating, the interface was 25 unacceptably pasty. Sample D, containing 50% high amylose flour and 10% of acid converted dextrin of high amylose flour was seen to provide the crispiest piece with the best interface.

TABLE II

TEXTURE OF PRE-FRIED FROZEN CHICKEN  
AFTER MICROWAVE RECONSTITUTION

SAMPLE	WHEAT FLOUR SUBSTITUTION IN DRY BATTER MIX	TEXTURE OF PRE-FRIED FROZEN CHICKEN AFTER MICROWAVE RECONSTITUTION		
		CRISPNESS	RATING	RATING
Control	97% Wheat Flour	Soggy, oily	8	3
D	97% Corn Flour (comparative)	Crispy	2	4
E	25% High Amylose Corn Flour <sup>a</sup>	Slightly oily, soft	7	3
F	50% High Amylose Corn Flour <sup>a</sup>	Slightly crispy	5	3
G	50% High Amylose Corn Flour <sup>a</sup> 10% Modified High Amylose Flour <sup>b</sup>	Crispiest	1	1
H	60% High Amylose Corn Flour <sup>a</sup>	Crispy	4	3
I	70% High Amylose Corn Flour <sup>a</sup>	Crispy	3	2
J	60% High Amylose Corn Starch <sup>c</sup> (comparative)	Slightly oily, soft	6	4
K	70% High Amylose Corn Starch <sup>c</sup> (comparative)	Slightly crispy	5	3

<sup>a</sup> - The flour contained 70% amylose.

<sup>b</sup> - Acid converted dextrin of high amylose corn flour containing 70% amylose prepared by heat treating the flour (adjusted to a pH of 2.0-2.5 with 2.8% hydrochloric acid) for 5 hours to a maximum temperature of 280°F (138°C).

<sup>c</sup> - The starch contained 70% amylose.



### EXAMPLE 3

This example compares batter mixes employing high amylose flour containing about 70% amylose with mixes employing high amylose flour containing about 50% amylose.

5        Two series of pre-fried chicken thighs corresponding to Samples E, F, and I (batters employing 25, 50 and 70% high amylose flour substitution) were prepared as in Example 2 employing high amylose flour containing either about 70% or about 50% amylose, based on the total starch content of the flour. Samples were frozen for 1, 5, 6, and 13  
10    days then microwaved for comparison.

The results indicated that there was little difference in crispness between samples prepared with the 70% amylose-containing flour and those prepared with the 50% amylose-containing flour. When employing either flour, as the percent substitution of the high amylose flour in the  
15    batter mix increased, similar trends to those described in Example 2 were observed. For example, crispness improved as did the interface of the pieces. It was also noted that weepage decreased, and the color of the final product became darker.

### EXAMPLE 4

20        This example illustrates the use of tempura batter mix compositions which contain large amounts of high amylose flour in the preparation of pre-fried bite-size portions of meat which are microwaveable.

One inch cubes of raw chicken and fish were pre-dusted with wheat flour, dipped in batter (Samples L and M, respectively), pre-fried (1  
25    minute at 385°F (196°C) and 30 seconds at 400°F (204°C) respectively), then frozen immediately. See Table III for batter compositions. After one day the frozen pre-fried pieces were microwaved for 3 minutes rota-



ting each piece after 1.5 minutes. Both batters produced excellent products which were very crisp after microwaving.

TABLE III

5	INGREDIENTS	PARTS BATTER RECIPE	
		L(a)	M(b)
	Wheat Flour	10.87	16.67
	High Amylose Corn Flour (70% amylose)	34.42	60.83
10	Modified High Amylose Flour(c) (70% amylose)	34.42	-
	High Amylose Corn Starch (70% amylose)	18.79	19.83
	Acid Sodium Aluminum Phosphate	0.75	1.33
	Sodium Bicarbonate	0.75	1.33
15	Water	150	125

(a) Tempura batter applied to chicken.

(b) Tempura batter applied to fish.

(c) Acid converted dextrin of high amylose corn flour prepared by heat treating the flour (adjusted to a pH of 1.5-2.0 with hydrochloric acid) for 6.5 hours to a maximum temperature of 250°F (121°C).

#### EXAMPLE 5

This example illustrates the effect of adding various amounts of a dextrin of high amylose flour to a batter mix which also contains high amylose flour.

25 Dry batter mixes were formulated with 17-42% wheat flour, 50% high amylose flour, 5-30% dextrinized high amylose flour (prepared as described in Table II), 1.5% sodium bicarbonate, and 1.5% acid sodium aluminum phosphate. Chicken pieces were coated and fried as in Example 2. After five days in frozen storage, the samples were reconstituted  
30 by microwave to an internal temperature of 150°F (66°C). The pieces



were then evaluated by a panel of 4 for overall crispness, interface and color. The results may be found in Table IV.

TABLE IV

5	SAMPLE	% DEXTRINIZED HIGH AMYLOSE FLOUR IN DRY MIX	OBSERVATIONS AFTER MICROWAVE RECONSTITUTION		
			CRISPNESS	INTERFACE	COLOR
	N	5%	slightly oily, slightly crispy	floury	golden brown
10	O	10%	slightly oily, crispy	good	golden brown
	P	20%	slight lacing, slightly gritty, very crispy	good	dark brown
15	Q	30%	lacing, flaky, crispiest*	good	unacceptably dark

\*pieces of batter coating blew off during frying.

The results showed that as the amount of dextrinized high amylose flour was increased, the interface became less floury as well as more  
20 crispy; however, the color became darker. It was noted that at 30% substitution, the coating provided very lacy and uneven coverage. Sample O containing a total of 60% high amylose flour (including 10% of the dextrinized flour) was rated as the overall best of the series.

EXAMPLE 6

25 This example illustrates the effect of various ratios of high amylose flour to dextrinized high amylose flour in a batter mix at a constant 60% substitution level.

Dry batter mixes were formulated with 37% wheat flour, 60% high amylose flour mixture, 1.5% sodium bicarbonate and 1.5% acid sodium  
30 aluminum phosphate. The dextrinized flour employed was prepared as described in Table II. Chicken pieces were coated and fried as in

Example 2. After 5 days in frozen storage, the samples were reconstituted by microwave to an internal temperature of 150°F (66°C). The pieces were then evaluated by a panel of 3 for overall crispness, weepage, interface, and color. The results may be found in Table V.

5

TABLE V

	RATIO OF HIGH AMYLOSE FLOUR: DEXTRINIZED HIGH AMYLOSE FLOUR	OBSERVATIONS AFTER MICROWAVE RECONSTITUTION			
		<u>Crispness</u>	<u>Weepage</u>	<u>Interface</u>	<u>Color</u>
10	10:1	slightly oily, slightly crispy	moderate	floury	golden brown
	5:1	crispy slight lacing	slight	good	darker brown
15	1:1	crispiest crumbly	slight	best	unacceptably dark

The results again showed that as the amount of dextrinized high amylose flour in the mixture increased, the crispness of the product increased and interface improved as the product became darker. It was also noted that increasing levels of the dextrinized flour reduced the weepage of the product. When equivalent amounts of the high amylose flour and the dextrinized flour were used, the product, though crispiest, exhibited undesirable lacing which caused the coating to be crumbly. The sample containing the 5:1 ratio of high amylose flours was again rated the overall best sample of the series.

25

EXAMPLE 7

This example illustrates the preparation of microwaveable pre-fried food pieces employing the single-pass technique.

Par-broiled chicken thighs are pre-dusted and battered as in Example 2 employing Sample batter I. After draining the excess batter, the pieces are further coated with bread crumbs prior to pre-frying at

30



385°F (196°C) for one minute. After draining the pre-fried pieces, they are immediately frozen. After two days of frozen storage the chicken pieces are reconstituted by microwaving until an internal temperature of 150°F (66°C) is obtained. Crispy batter-coated and breaded  
5 pieces having a good interface should result.

Summarizing, improved batter mix compositions, intended for use as coatings for pre-fried foodstuffs which are to be ultimately microwaved, are provided by the inclusion of high amylose flour in such mixes. Foodstuffs possessing acceptable crispy outer coatings, heretofor unattainable, are provided when frozen pre-fried products,  
10 coated with batters containing high amylose flour, are cooked by microwaving.

The preferred embodiments of the present invention having been described above, various modifications and improvements thereon will  
15 now become readily apparent to those skilled in the art. Accordingly, the spirit and scope of the present invention is defined not by the foregoing disclosure, but only by the appended claims.